

Ways to Get the Lead Out

- Create a safe play area for your child away from peeling paint or dust. Keep cribs away from windowsills and walls.
- Flush out lead that may be in old pipes by running cold water for at least 1-2 minutes in the morning and after long periods of not running water.
- Wet mop and wet dust weekly to prevent dust build up.
- Use wet cleaning to get up paint chips right away.
- Wash counter tops before cooking.
- Wash toys and stuffed animals often.
- Wash your child's hands often.
- Report peeling paint to your landlord or have a trained professional inspect the peeling paint.
- Plant grass or bushes in bare spots in the yard.
- Unless you know that the soil has been tested for lead, don't let children play in the soil around your home or daycare center. Call your local health department for more information.
- Have your child tested! All young children should be tested for lead. This is especially true if a home has been recently remodeled, or if a brother, sister, or playmate has tested high for lead. If you child has not been tested, call your local health department for more information.

